Mahmoud Abdellatif is an assistant tenure-track professor at the Medical University of Graz in Austria and serves as a nucleus member and Treasurer for the ESC Working Group on Myocardial Function. After qualifying in clinical medicine, he worked as a pre- and postdoc research fellow at the University of Porto, Medical University of Graz, Institute Gustave Roussy, and Sorbonne University in Paris, before securing competitive research funding from the national funder (Austrian Science Fund) and the European Commission to support his independent research team in Graz. Mahmoud defined the molecular hallmarks of cardiovascular aging (Nature Reviews Cardiology, 2023) and discovered the cardioprotective effects of the autophagy-inducer spermidine and the NAD⁺ precursor nicotinamide (Nature Medicine, 2016; Science Translational Medicine, 2021; Circulation, 2022). His achievements have earned him prestigious awards, including the Oskar Lapp (German Society of Cardiology), Guido Tarone (ESC), and Elisabeth Lutz (Austrian Academy of Science) awards.